

Fall 2016

THE ARTS
CENTER of
the CAPITAL
REGION

Program Catalog













265 River Street Troy, New York 12180 (518)273-0552 artscenteronline.org



The Arts Center of the Capital Region



TheArtsCenterNY



CapRegionArtsCenter



LETTER FROM THE CEO

The Power of Making Art

My father recently turned 80, so we threw him a party where he opened little gifts from his family members. In the spirit of giving presents to a man who needs absolutely nothing, he received expensive bottles of this and that, and one carefully hand wrapped box. What was in that box was the very first "giftable" bowl I had made from my first pottery class here at the Arts Center. I teased him that even at 80 he can't escape the "made by the kid" present, but I think he knew that I was proud of my little bowl. It was a present that quite literally went from my hands to his.

I admit to having been a little heartbroken, too. I really liked that bowl and I didn't know if I would ever make another like it. Finding time to take a class was hard, and there were times I had to leave early because of my work/family/life. But, when I was in class, where my only concern was the material in my hands, all the noise of my life would go away. I found out that I'm not bad at the wheel, and that helped me see myself through a very different lens. I was proud of what I had created! I learned about myself and my passion for learning, and I also learned a few things about the Arts Center.

Our faculty sincerely wants you to love what they love. They work in the medium they teach, and triumph and fail right along with their students. They know how wonderful making art feels and they want you to know it too. Also, our students come from all points of reference. From the ICU nurse who wants a break from the stress, to a life-long hobbyist, everyone I met was in that studio for the same reason, to discover something new in themselves and to make objects that expressed their individuality and pride. Making art is a very powerful experience and I urge you to get out of your office or your home or the norm and get into a studio. Making art reduces stress and expands your heart and your mind. Go make art!

I can hear my friends and colleagues all protest that they simply don't have time to take a class. And we hear you. We've added more short-format classes and we're launching Social Media, a new series of one-time events where our visitors can have a little fun while trying something completely new. We continue to listen so that we can shape our programs to meet your needs. Look for public forums this fall, and as always, my door is open. Oh, and here's a picture of my bowl at my dad's house.



Enchoh Kein

Elizabeth Reiss, CEO

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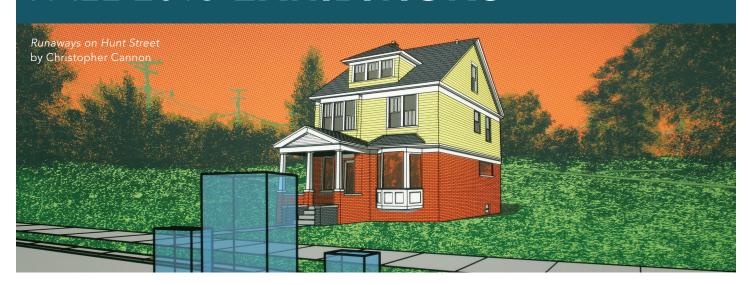
The Arts Center of the Capital Region thanks Robert Altman and Steve Derrick for their service as they complete their terms as board members.

In the last year we have welcomed Paul Fahey, Maura Gannon, Lisa Rice and David Smith. Past and present, our board works to strengthen the Center!

THE ARTS CENTER IS SUPPORTED IN PART BY



FALL 2016 EXHIBITIONS



INSIDE BREATHING LIGHTS

September 17-October 16, 2016, First Floor Galleries

Join us for a behind the scenes look at one of the region's most ambitious public art projects ever, Breathing Lights, which will illuminate hundreds of vacant homes in Albany, Schenectady and Troy in fall 2016. Learn about the technology and concepts behind the lighting effect, how the project was sited and documented, and how it connects with neighborhoods across the region.

This October and November, Breathing Lights will illuminate the windows of hundreds of vacant buildings in Albany, Schenectady and Troy. Warm light will fill each window with a diffuse glow that mimics the gentle rhythm of human breathing. Concentrated in neighborhoods with high levels of vacancy, Breathing Lights will transform abandoned structures from pockets of shadows into places of warmth. The Arts Center's vacant upper floor windows will also be illuminated as part of the project.

INTERIORS RECALLED | MADISON LAVALLEE, ARTIST IN RESIDENCE, SUMMER 2016

September 10-October 16, 2016, Faculty Student Gallery Reception: Friday, September 30, 5-9PM

Interiors Recalled is a new project based on Capital District residents' memories of domestic spaces they no longer inhabit. Through interviews, participants' memories of objects, textures, and imagery from the space are translated into sculptures and installations in the form of "material composites". Each piece is titled after the year the spatial memory was from and the location, such as, Bellevue, Schenectady 1974, keeping the participants name, gender, age, etc. anonymous.

SCREENPRINT BIENNIAL

October 28-December 23, 2016, Main Gallery Reception: Friday, October 28, 5-9PM

The East Coast Screenprint Biennial is an exhibition that showcases a range of screenprint-based art applications, from framed, editioned prints, to installation, sculpture, video, ephemera, and posters. This juried exhibition will showcase artists from around the country who utilize adventurous, relevant and passionate takes on the screenprinted medium. The Screenprint Biennial is the curatorial project of Nathan Meltz, printmaker and lecturer in the Art Department of the Rensselaer Polytechnic Institute in Troy, NY.

UNDER THE SEA TO THE KITCHEN SINK | CENTER FOR DISABILITY SERVICES

October 28-December 23, 2016, Foyer Gallery Reception: Friday, October 28, 5-9PM

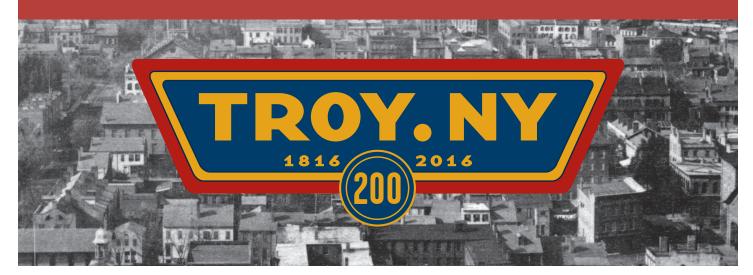
Under the Sea to the Kitchen Sink is an eclectic combination of artworks showcasing materials and subject matter that are found all around us, if we just look hard enough. Works by individuals of varying ages and abilities, from preschool to senior citizen, were selected by the Arts Center's Director of Exhibits, Sara Boylen, and Instructor Madison LaVallee, from the Center for Disability Services' annual exhibition on S. Manning Blvd. The audience will find useable items made from clay and textiles as well as depictions of favorite memories and pretty much everything else from "Under the Sea" to the "Kitchen Sink".

GALLERY HOURS

Mon-Thurs: 9AM-7PM | Fri: 9AM-4PM | Sat: 9AM - 5PM | Sun: 12PM-4PM

The Arts Center's exhibitions are free and open to the public and are sponsored by Karen & Chet Opalka, The Marcelle Foundation and YTK Photography. Receptions are held in conjunction with Troy Night Out, the last Friday of every month, and are sponsored by B-Rad's Bistro + Catering.

CELEBRATE TROY'S BICENTENNIAL



Making Troy

SUNDAY, NOVEMBER 6, 2016, 12-5PM

The Arts Center of the Capital Region, the Rensselaer County Historical Society and the Tech Valley Center of Gravity are celebrating Troy, New York's Bicentennial. Join us for a fun filled day of creating, making, and celebrating Troy's past, present and future!

Families are invited to travel our great city to enjoy a vast array of hands-on interactive workshops in all three locations.

PAST: The Arts Center will pay homage to the man, the myth, the legend, Uncle Sam. Participants will learn how to make their own natural sausage links in our kitchen. Visit our printmaking studio to create their own personalized printed historical documents, and go home with one of Troy's famous ceramic bricks as a memento!

PRESENT: At The Tech Valley Center of Gravity families will learn about Troy's iron-working past and make castings using 3D printed molds. Watch an operating forge melt metal and pour it into forms, and learn about this part of Troy's industrial history!

FUTURE: RCHS will create a contextual program of space, materials and instruction for students from across the City of Troy to visualize and creatively build their own collaborative model of Troy as they imagine it will be in 2116.

Making Troy has been generously funded by the Troy Savings Bank Foundation.

Legends of Troy

SATURDAY, SEPTEMBER 24TH 12-5PM

On this legendary day, the Arts Center of the Capital Region and RCHS would like to invite you and your families for a day of storytelling like no other. Join Uncle Sam and his fascinating cast of characters to learn about Troy's unique history! The day will begin in the Arts Center's black box theater, where people of all ages will begin their monologue into the past. Families will then follow Uncle Sam on a walk-a-bout through history, and participate in interactive monologue with historical figures that made our city what it is today!

Last, but not least, you will be invited back to our theater for a story that you will not easily forget. Join author Walter Shapiro and dive into the world of Troy native, Freeman Bernstein, who led a life of wonder and whimsy (and perhaps some questionable adjectives as well!) as a vaudeville manager, boxing promoter, stock swindler, card shark and self-proclaimed "Jade King of China." This is a true story that you're not going to want to miss!

Legends of Troy has been generously funded by McCarthy Charities.

Victorian Stroll

Holiday Craft & Culinary Extravaganza Sunday, December 4th 12pm-3pm

For this year's 34th annual Victorian Stroll we are celebrating Troy's Bicentennial. Join us on this historic day for our first ever Holiday Craft and Culinary Extravaganza! Participants will have the chance to learn unique personalized card making techniques and assist one of our talented culinary instructors in the creation of some holiday themed delicacies.

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MORE INFO ON OUR WEBSITE

In an effort to streamline our class catalog, we have shortened our class descriptions. Full class descriptions and additional details can be found on our website, www.artscenteronline.org.

HOW TO REGISTER

To register for a class, call 518.273.0552 x231 or register online at www.artscenteronline.org. You can sign up for multiple classes and purchase a membership at the same time. Please register at least 2 weeks in advance to reserve your space.

SCHOLARSHIP OPPORTUNITIES

Scholarships are available for children and adults. To request a scholarship, please complete an application form (available at the front desk or online: www.artscenteronline.org/about/scholarships. To make a contribution to the scholarship fund, contact our Director of Development, Nicole Peterson, at 518.273.0552 x226 or Nicole@ artscenteronline.org.

CLASS REFUND POLICY

- There will be a \$25 charge for each returned check.
- The Arts Center cannot pro-rate single or multiple sessions of a
- We are not responsible for classes missed due to illness or student's other commitments.
- If a class is canceled by the Arts Center, payment may be applied toward another class or fully refunded.
- A 10% service charge will be applied to any class withdrawn from at least one week (7 days) prior to the first session. Full refund can be placed in a residual account to be used at the Arts Center at a later date.
- Funds held in a residual account are held for one (1) year from the start of the class. Unused residual balance will be forfeit after this time
- Class withdrawal less than one week prior to first session (or after class has started) is ineligible for refund. No tuition or material fee will be refunded. Please understand that our instructors are under contract and that space and materials have been already been acquired prior to start date. There are no exceptions.
- Memberships and AM/PM care fees are nonrefundable.
- Refund checks may take up to 4-6 weeks to process.
- Credit card payments will be credited to the cardholder's account.

CRAFT FOR COLLEGE CREDIT

The Arts Center offers certain classes in partnership with Hudson Valley Community College. These are noted as "Craft for Credit" classes throughout this catalog and open to the public, HVCC students, and students from outside colleges seeking credit.

The cost for NYS residents is discounted through your county of residence. Therefore, a Certificate of Residence is required from your Town Clerks office. Procedures for obtaining a Certificate of Residence may vary by county and not all counties are eligible. More information can be found at www.hvcc.edu/cashier/cor.html.

CREATE MORE. SAVE MORE.

Enroll in 4 or more classes on the same order and receive 10% the full order. Applies to member and non-member rates. Cannot be combined with other discounts and does not apply to studio/material fees.

COMMUNITY INCLUSION PROJECT

Classes intended to foster community between individuals of varying abilities and backgrounds. Student with their own unique gifts and talents meet in an inclusive setting together on a universal path to creative self-expression and discovery. Passionate, qualified instructors teach in a way that enables students to achieve their personal best. Classes are open to the public and to all students who are looking for a unique learning experience. Public class fees are subsidized by the ARC of Rensselaer County

Digital Arts

Social Media Digital Design

Sats, 9/24/16 - 10/15/16 | 10:00 AM - 1:00 PM | 4 Sessions Member: \$173.00 | Non-Member: \$192.00 | Studio Fee: \$10.00

Instructor: Michael Roach

Level: Beginner

This class is for Individuals who are looking to create social media channels and learn about the types of content that creates engagement. Students will learn the basics of programs such as Canvas, Adobe Creative Cloud, and more, making designing for social media platforms easy.

DSLR Filmmaking

Tues, 9/27/16 - 11/1/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$259.00 | Non-Member: \$288.00 | Studio Fee: \$20.00

Instructor: Gaetano Vaccaro

Level: Beginner

Through hands-on demos and visually rich presentations this course will guide students through the core techniques of DSLR-based digital filmmaking, including essential concepts and techniques necessary for shooting video with a focus.

10,000 Bad Digital Artworks

Thurs, 11/10/16 - 12/22/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$108.00 | Non-Member: \$120.00 | Studio Fee: \$20.00

Instructor: david allen Level: Beginner

This 6-week intensive digital imaging course is designed to introduce you to a small arsenal of applications and techniques to get those 'bad' works out of you as quickly as possible. In preparation for this course, please bring 10-15 digital copies of your art. The art to bring is not just digital work you have created (3D renderings or digital fine art photographs), but also digital scans or photographs of your traditional art (sculptures, hand drawings and other traditional media work). NO CLASS 11/24

Final Cut Pro Editing Class

Tues, 11/15/16 - 12/20/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$220.00 | Non-Member: \$255.00 | Studio Fee: \$20

Instructor: Gaetano Vaccaro

Level: Beginner

Learn the essentials of editing video and constructing a story in Final Cut Pro X. This course, aimed at beginners at video editing, will cover all the basic aspects of the editing process. The course will cover a full edit from start to finish including preparing, organizing, and importing footage, assembly and fine edits, audio and visual effects, as well as media management, exporting, and publishing online.

Drawing

Figure Drawing Open Studio

Saturday, 9/10/16 | 1:00 PM - 4:00 PM | 1 Session Saturday, 10/22/16 | 1:00 PM - 4:00 PM | 1 Session Saturday, 11/12/16 | 1:00 PM - 4:00 PM | 1 Session

Member: \$22.00 | Non-Member: \$25.00

Instructor: Armando Soto

Level: Beginner

Immerse yourself in an intensive afternoon-long figure drawing experience offered in the "open-studio" tradition. Arts Center faculty will be available for discussion, but no instruction will be provided unless requested. Draw from live nude models posing for quick, action-oriented gesture drawings, as well as longer poses ranging from 20 minutes to one hour.

Drawing for the Terrified

Weds, 9/14/16 - 10/12/16 | 6:30 PM - 8:30 PM | 5 Sessions Thurs, 11/3/16 - 12/8/16 | 6:30 PM - 8:30 PM | 5 Sessions Member: \$126.00 | Non-Member: \$140.00 | Studio Fee: \$10.00

Instructor: David Dowd Level: Beginner

This is a class for anyone who has ever said, "I can't draw" (but wished it were otherwise!) In this introductory drawing class for new students as well as those looking to build on a little experience, you will develop and refine skills and increase your powers of observation. NO CLASS 11/24.

Introduction to Drawing Surfaces

Sats, 9/24/16 - 10/15/16 | 10:00 AM - 1:00 PM | 4 Sessions Member: \$151.00 | Non-Member: \$168.00 | Studio Fee: \$20.00

Instructor: Dorothea Osborn

Level: Beginner

In this experimental class, students will learn the basics of drawing surfaces, tools, and mediums. Students will learn the importance of working with a variety of surfaces in drawing and how it can affect an outcome of the work.

Drawing Studio Concepts

Mons, 9/26/16 - 10/31/16 | 6:30 PM - 8:30 PM | 6 Sessions Member: \$151.00 | Non-Member: \$168.00 | Studio Fee: \$35.00

Instructor: Armando Soto

Level: Beginner

This is a next-level class for the "slightly less terrified" beginner. Students will be guided through some of the basics, and then explore further topics including studies in line, value, composition, trying different mediums, portraits, and more. Great for beginning students wishing to continue their study of drawing.

Diving into Drawing

Thurs, 9/29/16 - 10/27/16 | 6:30 PM - 8:30 PM | 5 Sessions Member: \$151.00 | Non-Member: \$168.00 | Studio Fee: \$35.00

Instructor: David Dowd Level: Beginner

In this beginning to intermediate class for the "no longer terrified", you will experience drawing a variety of subject matter, sharpening skills and learning techniques while exploring still-life, portraiture, and figure drawing with a live model. Working mostly with graphite and charcoal, you'll further your skill and confidence level!

Geometry in Nature, Art & Architecture

Tues, 10/11/16 - 11/1/16 | 6:00 PM - 9:00 PM | 4 Sessions Tues, 11/29/16 - 12/20/16 | 6:00 PM - 9:00 PM | 4 Sessions Member: \$121.50 | Non-Member: \$135.00 | Studio Fee: \$10.00

Instructor: Kurt Przybilla

Level: Beginner

From the sacred geometry of ancient Egypt and Greece and the architecture of the Renaissance, to the works of M.C. Escher and the discoveries of modern science, this class will investigate the geometric patterns and principles that connect everything around us

Learning the Fundamentals of Drawing

Sats, 10/15/16 - 11/5/16 | 10:00 AM - 12:00 PM | 4 Sessions Member: \$86.00 | Non-Member: \$96.00 | Studio Fee: \$10.00

Instructor: Madison LaVallee

Level: Beginner

This class will teach you how to see in perspective and value. We will concentrate on a series of exercises to build and improve drawing skills. Ages 12 and up welcome.

Fundamentals of Figure Drawing

Mons, 10/24/16 - 12/12/16 | 6:00 PM - 8:30 PM | 8 Sessions Member: \$175.50 | Non-Member: \$195.00 | Studio Fee: \$60.00

Instructor: Marion Reynolds

Level: Beginner

Drawing the human figure is both challenging and rewarding. An inspiring way to learn to draw, the skills acquired can be applied to drawing almost anything. Through direct observation of a model, you'll learn methods for simplifying what you see, creating proper proportions and use of light and shadow.

Drawing Steps to Painting

Mons, 11/7/16 - 12/12/16 | 6:15 PM - 9:15 PM | 6 Sessions Member: \$126.00 | Non-Member: \$140.00 | Studio Fee: \$30.00

Instructor: Deborah M. Bayly

Level: Intermediate

A class designed to take your drawing skills to another level: painting in oils. Class begins with exercises in charcoal and pencil and gradually progresses to black and white preparatory oil sketches, defining the composition in values and shapes. This class is ideal for those with a bit of drawing or painting experience, who would like to now use color and learn more about working with oils. All skills learned are transferable to oil painting.

Keeping a Visual Journal

Sundays, 11/6/16-12/4/16 | 12:00 PM - 2:30 PM | 5 Sessions Member: \$126.00 | Non-Member: \$140.00 | Studio Fee: \$15.00

Instructor: Carol Coogan

Level: Beginner

ANYONE can learn to draw and be creative, and everyone can begin to do so by keeping a sketchbook, or visual journal. In this workshop you will learn the fundamentals of how to use this tool, and come away with a solid base of experience and confidence you can build upon.

Craft + Design

Repainting to Repurpose with Funcycled!

Thursday, 9/1/16 | 6:00 PM - 9:00 PM | 1 Session Thursday, 9/29/16 | 6:00 PM - 9:00 PM | 1 Session Tuesday, 10/4/16 | 6:00 PM - 9:00 PM | 1 Session Tuesday, 10/25/16 | 6:00 PM - 9:00 PM | 1 Session Tuesday, 11/8/16 | 6:00 PM - 9:00 PM | 1 Session Tuesday, 11/29/16 | 6:00 PM - 9:00 PM | 1 Session

Member: \$100.00 | Non-Member: \$110.00 | Studio Fee: \$35.00

Instructor: Sarah and John Trop

Level: Beginner

Do you love watching makeover shows? Have you been wanting to spruce up your furniture? One fun way to create the new furniture trend is with a coat of paint! Come let us step you through the painting techniques to help you fall in love with your furniture all over again!

Terrarium Workshop

Sunday, 9/11/16 | 12:00 PM - 3:00 PM | 1 Session Sunday, 10/9/16 | 12:00 PM - 3:00 PM | 1 Session

Member: \$101.00 | Non-Member: \$112.00 | Studio Fee: \$25.00

Instructor: Marla Silverstein

Level: Beginner

Build your own mini, living ecosystem with hands-on guidance from experienced terrarium maker, Marla Silverstein. In this course you will learn tips and tricks for maintaining a healthy terrarium for years to come. Expect to leave with a one-of- a-kind piece of living art and the skills to create more in the future!

Staging Your Home for Sale

Weds, 9/14/16 - 9/21/16 | 6:30 PM - 8:00 PM | 2 Sessions

Member: \$51.00 | Non-Member: \$57.00

Instructor: Lynda Caccamo

Level: Beginner

Highlight your home's strengths through home staging. Part one will cover the basic steps to prepare your home for MLS photos and open houses. Part two will examine class participant's room photos and make suggestions for individual staging needs.

Basic Sewing & Pattern Drafting

Weds, 10/5/16 - 11/9/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$175.50 | Non-Member: \$195.00 | Studio Fee: \$10.00

Instructor: Megan Ingalls Stasi

Level: Beginner

Whether you want to brush up on sewing or have never touched a sewing machine before, this is the class for you! A series of simple but satisfying projects will build basic sewing and drafting skills. Infinity scarves, aprons, leggings, and tote bags are all creative projects that give you a great sense of accomplishment and style!

Sewing Salon

Weds, 11/16/16 - 12/21/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$175.50 | Non-Member: \$195.00 | Studio Fee: \$10.00

Instructor: Megan Ingalls Stasi

Level: Beginner

Anyone with basic sewing skills is invited to join this group sewing workshop. Do you find commercial patterns confusing and would like to have someone decipher the directions for you? Do you get frustrated working by yourself and would like a little guidance and encouragement? Let's make it together!

Zipper Pouch Sewing Workshop

Saturday, 12/3/16| 10:00 AM - 2:00 PM | 1 Session

Member: \$61.00 | Non-Member: \$68.00 | Studio Fee: \$20.00

Instructor: Megan Ingalls Stasi

Level: Beginner

Who doesn't need a handmade zipper pouch! Great for gifting or for yourself, the zipper pouch comes in a million sizes and styles. In this workshop we'll learn how to make two different styles while conquering the zipper foot on your machine.

Sweater Mittens

Saturday, 12/10/16 | 12:00 PM - 4:00 PM | 1 Session

Member: \$61.00 | Non-Member: \$68.00 | Studio Fee: \$20.00

Instructor: Megan Ingalls Stasi

Level: Beginner

Do you want to make perfect handmade gifts for Christmas this year? Come to the workshop and make some super cute "upcycled" sweater mittens for everyone on your list. Pattern templates for women's, men's and kid's standard sizes will be available.

Iris Folded Greeting Cards with Upcycled Book Workshop

Saturday, 12/17/16 | 10:00 AM - 1:00 PM | 1 Session Member: \$61.00 | Non-Member: \$68.00 | Studio Fee: \$10.00

Instructor: Megan Ingalls Stasi

Level: Beginner

This traditional paper crafting technique originated in Holland and makes a striking greeting card. Strips of folded paper create a spiral design that resembles the iris of a camera. We will use discarded book pages to create unique Iris folded greeting cards. Learn the technique and let your creativity take over with the possibilities! Cardstock, books, tape, scissors and other supplies will be furnished.

Rules and Tools of Interior Design

Weds, 12/28/16 - 1/4/17 | 6:30 PM - 8:00 PM | 2 Sessions

Member: \$51.00 | Non-Member: \$57.00

Instructor: Lynda Caccamo

Level: Beginner

Explore design principles and how to apply them to your space. Interactive class exploring design principles, and design elements. In the first part of the class, we will look at interior design photos and examine why they are successful based on design principles and elements. The class will then use photos of their own space and explore how these concepts can be incorporated.

Writing

SPARKS: A Writing Workshop

Saturday, 9/10/16 | 10:00 AM - 12:00 PM | 1 Session Saturday, 10/1/16 | 10:00 AM - 12:00 PM | 1 Session Saturday, 11/5/16 | 10:00 AM - 12:00 PM | 1 Session

Member: \$68.00 | Non-Member: \$75.00

Instructor: Coleen M. Paratore

Level: Beginner

Full-time writer and teacher of writing, Coleen Paratore, award-winning author of more than 20 books -- memoir, picture books, middle-grade and YA novels, historical fiction, a writer's notebook, and a best-selling series of 7 titles spanning a decade, published by mega houses Simon & Schuster and Scholastic Press, will lead participants through write-and-share rounds in search of *sparks* to ignite the muse within and inspire us all forward with our writing. This class is for writers/artists of all experience levels. The mix makes it more interesting. Bring a blank notebook and pen. Visit Coleen at www.coleenparatore.com

You Can Do a Graphic Novel

Suns, 9/11/16 - 10/16/16 | 11:00 AM - 2:00 PM | 6 Sessions Sats, 10/29/16 - 12/3/16 | 11:00 AM - 2:00 PM | 6 Sessions Member: \$151.00 | Non-Member: \$168.00 | Studio Fee: \$20.00

Instructor: Barbara Slate

Level: Beginner

Learn how to create your own graphic novel! Described by comic book legend Stan Lee as "titanically talented", Barbara Slate teaches how to write and draw graphic novels using her critically acclaimed textbook "You Can Do A Graphic Novel" (Britannica). Find a personal drawing style regardless of artistic ability, create memorable characters, develop a plot and subplots, and write compelling dialogue. Come receive the inspiration and know-how to get the stories you want to tell out of your head and onto paper by creating an original graphic novel.

Short Form: Writing Creatively Without Worrying What To Call It

Thurs, 9/15/16 - 10/20/16 | 6:00 PM - 8:00 PM | 6 Sessions

Member: \$151.00 | Non-Member: \$168.00

Instructor: Cara Benson Level: Beginner

This course is designed to get the pen moving. Once we've got writing down, we can look at what form could help us move it along. Poems, blog posts, flash fiction, creative non-fiction, status updates - we'll make it all. Don't worry if you think you don't write in a certain

form (or much at all). These exercises are designed to get us to write first, then ask questions later. We'll come away with a miniportfolio of short pieces.

Short Form: Writing Creatively Without Worrying What To Call It II

Thurs, 11/3/16 - 12/15/16 | 6:00 PM - 8:00 PM | 6 Sessions

Member: \$151.00 | Non-Member: \$168.00

Instructor: Cara Benson Level: Beginner

In this continuation course, students will keep the pen moving. Once we've got writing down, we can look at what form could help us move it along. Poems, blog posts, flash fiction, creative nonfiction, status updates - we'll make it all. Don't worry if you think you don't write in a certain form (or much at all). We will generate new, fresh writing then work with these pieces to create a "finished" piece. *The prerequisite of Short Form I is NOT required to take

Social Media & Blog Writing

Mons, 9/19/16 - 10/24/16 | 6:00 PM - 7:30 PM | 6 Sessions Member: \$126.00 | Non-Member: \$140.00 | Studio Fee: \$10.00

Instructor: Robin Catalano

part II* NO CLASS 11/24.

Level: Beginner

You've got talent, ambition, writing skills, and great ideas. You enjoy working on your own, and you're not afraid to learn new technology. If you love the idea of running a blog but don't know how to create one that will stand out in the overcrowded blogosphere, this workshop will help you zip past zero. *Basic working knowledge of computer equipment and social media is preferred.

Introduction to Memoir Writing

Weds, 10/5/16 - 11/23/16 | 6:00 PM - 9:00 PM | 8 Sessions Member: \$210.00 | Non-Member: \$234.00 | Studio Fee: \$15.00

Instructor: Michael Welch

Level: Beginner

Find out what memoir is, and how to write one, in this class that focuses on the beginner who has the desire to get down on paper those things he or she wants to say about her or his life. Everyone has something useful and important to say, and this class will provide students with a safe and fun place to learn how to say it.

Advanced Poets Workshop

Tues, 10/18/16 - 12/20/16 | 6:00 PM - 8:00 PM | 10 Sessions

Member: \$198.00 | Non-Member: \$220.00

Instructor: Susan Comninos

Level: Advanced

This course will be an advanced poets workshop, open on instructor's approval to those who've already published at least ten poems in respected journals, and who aim to compile a chapbook or book manuscript for publication. Peer poets (as well as the instructor) will not only offer participants feedback on their work, but together we'll consider the best homes (i.e., magazines, journals, 'zines) for any finished poems that we see in class. Additionally — if it's desired — we'll help our peers think about how to organize one manuscript for submission to chapbook/book competitions and publishers.

A Primer for Directing New Plays

Tues, 11/1/16 - 12/6/16 | 6:00 PM - 8:30 PM | 6 Sessions Member: \$104.50 | Non-Member: \$116.00 | Studio Fee: \$15.00

Instructor: Andrea Cunliffe

Level: Beginner

This is a workshop style series of classes for those interested in learning to direct for the stage, a selected new play will be read, studied and dissected from the director's perspective with particular attention to the many roles and functions of the director in production. This is an open class for those who want to learn how to approach directing a play.

Jewelry

Forged Cuff Bracelet Workshop

Tuesday, 9/13/16 | 6:00 PM - 9:00 PM | 1 Session

Member: \$51.00 | Non-Member: \$57.00 | Studio Fee: \$40.00

Instructor: Morgana Fall

Level: Beginner

In this short jewelry workshop, students will learn how to form a piece of heavy gauge sterling silver wire into a beautiful, hammered (forged) cuff bracelet. No experience necessary.

Craft for Credit: Jewelry I

Weds, 10/5/16 - 12/7/16 | 2:00 PM - 5:00 PM | 10 Sessions Sats, 10/8/16 - 12/10/16 | 9:30 AM - 12:30 PM | 10 Sessions In State: \$363.60 | Out of State: \$1,047.60 | Studio Fee: \$95.00

Instructor: Maria Fusco Levin

Level: Beginner

This is an introductory course covering fundamental concepts and techniques of both the design and creation of original jewelry. It includes the techniques of piercing and filing, soldering and polishing. Students will work with metal alone and in combination with other materials, such as wood, plexiglass, etc. Development of individual designs will be encouraged. This course involves the use of hand tools requiring fine motor coordination. Special registration policies apply; please call (518) 273-0552 x 231 to sign up. No class 11/25. Last day to register is Friday, October 2.

Craft for Credit: Jewelry II

Weds, 10/5/16 - 12/7/16 | 6:30 PM - 9:30 PM | 10 Sessions In State: \$363.60 | Out of State: \$1,047.60 | Studio Fee: \$95.00

Instructor: Maria Fusco Levin

Level: Intermediate

This is an advanced course in metalworking and jewelry design that will allow students to refine basic skills and explore advanced techniques. Stone setting, forming and fabricating skills will expand the student's knowledge and allow for more advanced designs. Control of the material to achieve desired results will be emphasized. This course involves the use of hand tools requiring fine motor coordination. Prerequisite: Jewelry I. Special registration policies apply; please call (518) 273-0552 x 231 to sign up. No class 11/25. Last day to register is Friday, October 2.

Craft for Credit: Jewelry III: Stone Setting

Mons, 10/3/16 - 12/12/16 | 6:30 PM - 9:30 PM | 10 Sessions In State: \$363.60 | Out of State: \$1,047.60 | Studio Fee: \$95

Instructor: Maria Fusco Levin

Level: Advanced

Techniques of setting cabochon and faceted stones in both handmade and commercial settings will be taught in this course. Construction of bezel and basket settings for round - and fancy - shaped stones will be covered, as well as tube and channel settings. Stone and gem identification and individual characteristics of stones will be discussed. This course involves the use of hand tools requiring fine motor coordination. Prerequisite: Jewelry I and Jewelry II. Special registration policies apply; please call (518) 273-0552 x 231 to sign up. No class 10/12. Last day to register is Friday, October 2.

Forged Cuff Bracelet Workshop

Thursday, 10/13/16 | 6:00 PM - 9:00 PM | 1 Session

Member: \$51.00 | Non-Member: \$57.00 | Studio Fee: \$40.00

Instructor: Morgana Fall

Level: Beginner

In this short jewelry workshop, students will learn how to form a piece of heavy gauge sterling silver wire into a beautiful, hammered (forged) cuff bracelet. No experience necessary.

Bold Multi-Layered Disc Earrings

Tuesday, 11/8/16 | 6:00 PM - 9:00 PM | 1 Session Tuesday, 12/13/16 | 6:00 PM - 9:00 PM | 1 Session

Member: \$51.00 | Non-Member: \$57.00 | Studio Fee: \$40.00

Instructor: Morgana Fall

Level: Beginner

Create your own custom stamped bracelet! You will be supplied copper coupons and shown how to sand and file the edges. Then choose from a variety of decorative stamps, letters, and patterns to create your very own design – which could include names, initials, a patterned motif or a collection of great textures. Typical adult sized bracelets will include 6-7 copper coupons, connected by jump rings. Wear your new creation right out of class! No experience required.

Mixed Metal Pendant

Tues, 11/15/16 - 11/22/16 | 6:00 PM - 9:00 PM | 2 Sessions Member: \$51.00 | Non-Member: \$57.00 | Studio Fee: \$40.00

Instructor: Morgana Fall Level: Intermediate

Bring together different metal colors and a variety of intriguing textures to create irresistible earrings. Layer together 3 different sized metal discs to create a dynamic look. Choose how you texture each layer (or not) to create a signature style that's all your own. We will use a variety of hammers to create textures or bring your own piece of textured cloth or screen (lace, tulle etc.) to emboss the pattern using the rolling mill. No experience required.

Precious Metal Clay Exploration

Saturday, 11/19/16 | 9:30 AM - 5:00 PM | 1 Session Member: \$108.00 | Non-Member: \$120.00

Instructor: Nancy Miller

Level: Beginner

Explore the many ways that you can use silver in a metal clay formulation to create jewelry designs of your own. The newest way of working with silver is metal clay which can be shaped like clay to produce uniquely textured surfaces, resulting in durable beautiful silver jewelry.

Stacking Rings Workshop

Sunday, 12/4/16 | 11:00 PM - 3:00 PM | 1 Session

Member: \$61.00 | Non-Member: \$68.00 | Studio Fee: \$12.00

Instructor: Morgana Fall

Level: Beginner

Fabricate a set of 3 stacking rings from 12 gauge wire: 1 copper, 1 brass, and 1 sterling silver. Learn to measure wire for the correct ring size, solder, shape and polish. Keep the finish smooth, or create texture by hammering, cutting or filing patterns into your rings. Techniques covered will include measuring, sawing, filing, soldering, and polishing. Basic soldering technique will be taught. No previous experience required.

Mixed Media

Exploratory Art: Community Inclusion Project

Tues, 9/6/16 - 11/8/16 | 1:30 PM - 3:30 PM | 10 Sessions Member: \$108.00 | Non-Member: \$120.00 | Studio Fee: \$30.00

Instructor: Tamara DeMartino

Level: Beginner

If you love all things art, you'll love this class! If you're ready to join the community and explore new mediums, join us. No experience necessary! Classes within The Community Inclusion Project at The Arts Center of the Capital Region are intended to foster community between individuals of varying abilities and backgrounds.

Mixed Media Exploration: Riverside Community Inclusion Project

Weds, 9/7/16 - 11/9/16 | 9:30 AM - 11:00 PM | 10 Sessions Member: \$81.00 | Non-Member: \$90.00 | Studio Fee: \$25.00

Instructor: Tamara DeMartino

Level: Beginner

If you love all things art, you'll love this class! If you're ready to join the community and explore new mediums, join us. No experience necessary! Classes within The Community Inclusion Project at The Arts Center of the Capital Region are intended to foster community between individuals of varying abilities and backgrounds.

The Practice of SoulCollage®

Sats, 9/10/16 - 10/8/16 | 10:00 AM - 12:30 PM | 5 Sessions Sats, 10/29/16 - 11/26/16 | 10:00 AM - 12:30 PM | 5 Sessions Member: \$51.00 | Non-Member: \$57.00 | Studio Fee: \$10.00

Instructor: Carol Coogan

Level: Beginner

SoulCollage® is a creative, fun and easy means of self-expression. It is also a powerful tool that can be used towards deeper self knowledge and understanding. Using simple materials such as magazine images, glue, and mat board, you create your own personalized deck of collaged cards.

The Mystery and History of Hands and Masks

Sats, 10/15/16 - 10/22/16 | 9:00 AM - 12:00 PM | 2 Sessions Member: \$81.00 | Non-Member: \$90.00 | Studio Fee: \$15.00

Instructor: Armando Soto

Explore the many dimensions of the human hand and face. In this workshop you will learn the power of the representation of hands and masks throughout the ages. Using plaster gauze you will use

your own hand and face to create castes, and then embellish them as the muse moves you. This workshop is perfect for a parent and child, couples, best friends, or grandparent and grandchild.

Painting

Traditional Chinese Brush Painting taught by Zhong-hua Lu

Tues, 8/30/16 - 10/4/16 | 6:00 PM - 9:00 PM | 6 Sessions Thurs, 11/10/16 - 12/22/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$175.50 | Non-Member: \$195.00 | Studio Fee: \$40.00

Instructor: Zhong-hua Lu

Level: Beginner

Chinese brush painting is about the interrelatedness of all things in nature. Xie yi hua is one kind of traditional style of painting. Students will learn philosophical and technical aspects of this ancient art, a language of symbolic brush strokes. Working on rice paper with Chinese ink and water colors, students will learn step-by-step how to control brush, color, and water to create natural motifs, from rocks, flowers and trees to complex landscapes. NO CLASS 11/24.

Finding Your Painting Voice

Tues, 9/6/16 - 10/11/16 | 9:30 AM - 12:30 PM | 6 Sessions Member: \$194.50 | Non-Member: \$216.00 | Studio Fee: \$70.00

Instructor: Marion Reynolds

Level: Beginner

This class explores why we paint, how to choose subject matter and source materials, and how to work toward your own personal style as an artist. Quick and fun exercises will explore expressive possibilities and build painting your skills.

Landscape Painting in Oils

Weds, 9/7/16 - 10/26/16 | 6:15 PM - 9:15 PM | 8 Sessions Member: \$151.00 | Non-Member: \$168.00 | Studio Fee: \$20.00

Instructor: Deborah M. Bayly

Level: Intermediate

Paint with expression, the landscapes you love - in oils! This class will explore the popular, inspiring genre of landscape, and will enable the painting student to develop an attitude or "landscape sense" that will help build a confident approach to landscape painting. Discussions and demonstrations of developing foreground, mid-ground, and background to successfully enhance your image.

Principles of Oil Painting: A Foundations Class

Thurs, 9/8/16 - 10/13/16 | 6:15 PM - 9:15 PM | 6 Sessions Member: \$178.00 | Non-Member: \$198.00 | Studio Fee: \$70.00

Instructor: Deborah M. Bayly

Level: Beginner

This class is designed to give the beginning painting student the skills and foundation to feel confident to start painting outside of the classroom. Initial discussion of the tools & materials that will be used. Each student will construct their own color chart prior to painting directly on canvas the still life set up by the instructor. Drawing Steps to Painting strongly recommended.

Botanical Painting

Thurs, 9/8/16 - 9/29/16 | 6:00 PM - 8:00 PM | 4 Sessions Member: \$108.00 | Non-Member: \$120.00 | Studio Fee: \$35.00

Instructor: Monica Bill Hughes

Level: Beginner

This class is a continuation of Botanical Illustration. Push your exploration of plants to the next level! We will express the complexity of plants, flowers and more by painting their vivid colors and structures in detail. Learn the basics of how to set up a palette for both watercolors and acrylic paints in order to help you capture the nuances of shadow and variation of color. Express your own creative take on the botanical subject as you gain additional skills with color and paint application.

Introduction to Encaustics

Mons, 9/12/16 - 10/17/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$175.00 | Non-Member: \$195.00 | Studio Fee: \$40.00

Instructor: Claire Sherwood

Level: Beginner

Learn the basics of encaustic painting, a technique that utilizes heated beeswax and colored pigments to create a beautiful piece of art. This class is ideal for artists who would like to explore wax as an alternative media for creating collage and layered 2D work. No prior experience necessary.

Individualized Study in Oil Painting

Mons, 9/12/16 - 10/31/16 | 6:15 PM - 9:15 PM | 8 Sessions Member: \$187.00 | Non-Member: \$216.00 | Studio Fee: \$20.00

Instructor: Deborah M. Bayly

Level: Intermediate

Learn more advanced techniques in oil painting and work to build upon the skills you already have. The instructor will demonstrate techniques in class and discuss the materials and tools of oil painting. It is recommended that students have some prior experience with oil painting or have taken Principles of Oil Painting at The Arts Center. Students will need to provide their own brushes, palette knives and paints. Canvases will be provided.

Dabbling with Watercolors

Tues, 9/13/16 - 10/4/16 | 6:00 PM - 8:00 PM | 4 Sessions Member: \$103.00 | Non-Member: \$114.00 | Studio Fee: \$15.00

Instructor: Monica Bill Hughes

Level: Beginner

Come experiment and learn about the fluid and beautiful medium of watercolors and its many applications and techniques in this four week class in color! Students will use a playful approach and explore using representation and a little abstraction too. Throughout your dabbling, students will experiment with washes, salt, and plastic wrap applications to create texture. Watercolor pencils will also be used in this process of creating unique paintings.

Dabbling with Watercolors II

Tues, 10/18/16 - 11/8/16 | 6:00 PM - 8:00 PM | 4 Sessions Member: \$103.00 | Non-Member: \$114.00 | Studio Fee: \$15.00

Instructor: Monica Bill Hughes

Level: Beginner

This class is a continuation of Dabbling with Watercolors. Have you gotten your feet wet with trying out watercolors, but you want to keep developing your comfort and creativity? Continue to expand your knowledge of color and strategically applying texture-based techniques with salt, plastic wrap, etc. to your own unique paintings.

Creating Beautifully Expressive Autumn Landscapes in Pastel with Master Pastelist Robert Carsten

Fris & Sats, 9/16/16 - 9/17/16 | 10:00 AM - 4:00 PM | 2 Sessions

Member: \$180.00 | Non-Member: \$220.00 Instructor: Robert Carsten PSA-mp, IAPS-mc

Level: Beginner

Join master pastelist Robert in this fun and informative two-day workshop designed for you to learn ways to significantly loosen up, create beautiful color, strong design and expressive mark making with the aim of substantially strengthening the visual impact of your pastel paintings. Focus will be on achieving the "sensation" of your subject rather than exacting details, an overall expressive look to the finish of the painting, using value as the organizer and color as bold statement.

Introduction to Watercolors

Fris, 10/21/16 - 11/18/16 | 10:30 AM - 1:00 PM | 5 Sessions Member: \$151.00 | Non-Member: \$168.00 | Studio Fee: \$20.00

Instructor: Carol Bollinger Green

Level: Beginner

Explore the fun of pure color on wet paper! In this class, you'll discover your own approach to painting with transparent watercolors. Learn how to use the materials, practice different techniques and apply color theory while creating vibrant watercolor paintings of various subject matter. All materials are provided.

Painting Color Concepts: Oil & Acrylic

Weds, 11/2/16 - 12/7/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$194.50 | Non-Member: \$216.00 | Studio Fee: \$70.00

Instructor: Marion Reynolds

Level: Beginner

A creative approach to color theory with a focus on adding richness and vitality to your paintings. This class is appropriate for complete beginners or experienced painters who would like to deepen their understanding of color.

Metaphoric & Symbolic Self-Portraits

Thurs, 11/3/16 - 12/1/16 | 6:00 PM - 8:00 PM | 4 Sessions Member: \$103.00 | Non-Member: \$114.00 | Studio Fee: \$15.00

Instructor: Monica Bill Hughes

Level: Beginner

Historically, artists have not only made self-portraits to represent what they look like in a mirror, but also to represent their personal narratives or express their internal selves. In this class, we will explore our internal self by brainstorming (visually and verbally) the desires, impulses, and moments that guide and fuel us. NO CLASS 11/24.

Intuitive Painting

Saturday, 11/19/16 | 10:30 AM - 3:30 PM | 1 Session Member: \$76.50 | Non-Member: \$85.00 | Studio Fee: \$15.00

Instructor: Carol Bollinger Green

Level: Beginner

Painting intuitively connects us to our source of creativity, often bringing about transformative changes. Come have fun with brushes of flowing tempera color on large sheets of white paper, discovering your own unique imagery.

Learning the Fundamentals of Painting

Sats, 11/19/16 - 12/10/16 | 10:00 AM - 12:00 PM | 4 Sessions Member: \$86.00 | Non-Member: \$96.00 | Studio Fee: \$25.00

Instructor: Madison LaVallee

Level: Beginner

This class will focus on mixing your own colors, color theory, and planning a composition. By the end of this class, you will be able to see a color out in the world and be able to mix it for a painting! Ages 12 and up welcome.

Photography

Photography 101

Tues, 9/6/16 - 10/11/16 | 1:00 PM - 3:00 PM | 6 Sessions Weds, 9/14/16 - 10/19/16 | 6:00 PM - 9:00 PM | 6 Sessions Mons, 11/14/16 - 12/19/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$259.00 | Non-Member: \$288.00 | Studio Fee: \$22.50

Instructor: Katherine Wright

Level: Beginner

This class will define and clarify the functions that are found on most DSLR cameras, shooting techniques, and an introduction to digital viewing and editing on the computer. Students will learn about depth of field, aperture, exposure, light meter, quality settings, shutter speeds, and basic composition. A DSLR camera can be provided for you, but if you have your own, please bring it with you. Please bring a flash drive to save your work.

Photography 102

Tuesday, 9/6/16 | 6:00 PM - 9:00 PM | 1 Session

Member: \$259.00 | Non-Member: \$288.00 | Studio Fee: \$27.50

Instructor: Katherine Wright

Level: Intermediate

Students will expand on the basic photography skills taught in Photography 101 and become exposed to a variety of "real world" situations to better improve their images. Students will also be introduced to working with models, basic post-production techniques, working with Camera RAW, shooting with both natural and studio lighting, and more. Prerequisite: Photography 101 or a background in photography with 100% shooting in manual settings is required for this course.

Travel Photography

Sats & Thurs | 9/17/16 - 9/22/16

Sat 9:00 AM - 4:00 PM | Thur 6:00pm-9:00pm | 2 Sessions Member: \$113.00 | Non-Member: \$126.00 | Studio Fee: \$12.50

Instructor: Connie Frisbee Houde

Level: Beginner

A day long discussion of travel photography including a critique of images will be followed by a personal assignment and then a follow up evening session the next week. Topics to be covered are: preparing for a trip, what's in the bag, general shooting techniques, portrait photographer, cultural awareness. It is not necessarily about the camera one takes on a trip as it is about seeing, being prepared, and learning to be in the right place at the right time. Learn some tips and techniques that will maximize your results.

The Artistic Lens: Breaking All The Rules

Thurs, 9/29/16 - 11/3/16 | 6:00 PM - 9:00 PM | 6 Sessions Weds, 11/16/16 - 12/21/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$194.50 | Non-Member: \$216.00 | Studio Fee: \$22.50

Instructor: Joe Oppedisano

Level: Intermediate

You have a good handle on your camera, know all the features and what they do. You take good pictures or video, but what's next? In this six week session, students will learn the skills to create a full scale production for a visual presentation via story telling. Everything from casting the right model, hair/make-up, location scouting, styling, and troubleshooting conflicts in all aspects of a photo shoot.

Photography and Encaustics

Weds, 10/5/16 - 11/9/16 | 6:30 PM - 8:30 PM | 6 Sessions Member: \$187.00 | Non-Member: \$216.00 | Studio Fee: \$45.00

Instructor: Katherine Wright

Level: Beginner

In this intensive workshop, students will learn to combine photographic imagery with encaustic painting techniques. This class is ideal for photographers who would like to explore wax as an alternative media for creating collage and layered 2D work. Katherine Wright and Claire Sherwood will team teach this course. Throughout the duration, students will first explore the photographic image and second, students will learn the techniques/skills to create a successful encaustics piece.

Macro Photography

Saturday, 10/29/16 10:00 PM - 4:00 PM | 1 Session

Member: \$145.00 | Non-Member: \$160.00 | Studio Fee: \$22.50

Instructor: Katherine Wright

Level: Intermediate

See the world up close while we explore a variety of subjects in nature through natural and studio lighting. Prerequisite: Intro to Photography or firm knowledge of aperture, shutter speed, ISO, and camera metering.

Using Your DSLR Camera: A Crash Course

Saturday, 11/5/16 | 10:00 AM - 4:00 PM | 1 Session Saturday, 12/17/16 | 10:00 AM - 4:00 PM | 1 Session

Member: \$103.00 | Non-Member: \$114.00 | Studio Fee: \$12.50

Instructor: Katherine Wright

Level: Beginner

In this super condensed crash course students will be introduced to the basics of using a DSLR camera. This workshop will define and clarify the functions that are found on most DSLR cameras as well as some basic photography tips. Students will learn about depth of field, aperture, exposure, light meter, quality settings, shutter speeds, and basic composition. A DSLR camera can be provided for you, but if you have your own, please bring it with you.

Adobe CC Lightroom and Photoshop: A Crash Course

Tuesday, 11/8/16 | 6:00 PM - 9:00 PM | 1 Session

Member: \$103.00 | Non-Member: \$114.00 | Studio Fee: \$12.50

Instructor: Katherine Wright

Level: Beginner

In this crash course students will be introduced to the photo editing programs, Lightroom and Photoshop, both found in Adobe's Creative Cloud. We will address workflow options, syncing between the two programs and basic editing techniques including; basic

image management, resizing images, cropping, color correction, and saving for various outputs. Participants will need a flash drive with 50 images, a notebook and writing utensil. Students do not need to have any prior experience with Adobe products. Participants must be comfortable with basic computer operations. Mac experience is helpful, but not required.

Introduction to Off Camera Flash

Saturday, 11/19/16 | 10:00 AM - 4:00 PM | 1 Session

Member: \$145.00 | Non-Member: \$160.00 | Studio Fee: \$5.00

Instructor: Katherine Wright

Level: Advanced

In this intense one day workshop, participants will be exposed to the foundation of using flash photography. We will discuss how to create and modify light for various applications including event and portrait work. Participants will experiment with various flash setups including on and off camera scenarios and will work indoors and outdoors (weather permitting). Participants will need a DSLR camera, external flash (if applicable), portable external hard drive, CD/ DVD or flash drive, notebook, and writing utensil. Prerequisite: Intro to Photography 101 or firm knowledge of aperture, shutter speed, ISO, and camera metering.

Long Exposure: Holiday Lights Workshop

Sats, 12/3/16 | 3:00 PM - 7:00 PM | 2 Sessions

Member: \$96.00 | Non-Member: \$107.00 | Studio Fee: \$12.50

Instructor: Katherine Wright

Level: Intermediate

In this fun and unique workshop participants will learn the basics about long exposure and shooting on location. We will start at the Arts Center to go over our camera settings and then head out for some holiday cheer while shooting long exposures on location. Prerequisite: Intro to Photography or firm knowledge of aperture, shutter speed, ISO, and camera metering.

Pottery

Advanced Study in Wheel Throwing

Weds, 9/7/16 - 10/26/16 | 10:00 AM - 1:00 PM | 8 Sessions Member: \$227.00 | Non-Member: \$252.00 | Studio Fee: \$45.00

Instructor: John Visser Level: Advanced

This advanced level class will improve students technical mastery on the wheel. Demonstrations of advanced throwing techniques will include a variety of different kinds of vessels. This intense and focused class will fine tune your throwing skills while expanding the creative potential of wheel work. Prerequisite: Students must have taken at least two pottery classes at the Arts Center or have significant outside experience.

Beginning Wheel

Tues, 9/13/16 - 10/18/16 | 10:00 AM - 1:00 PM | 6 Sessions Tues, 11/1/16 - 12/13/16 | 10:00 AM - 1:00 PM | 6 Sessions Member: \$178.00 | Non-Member: \$198.00 | Studio Fee: \$40.00

Instructor: Kristen Martin

Level: Beginner

Learn how to "throw" on the potter's wheel! Create vases, bowls, pots, and more. This class is for the true beginners who have

always wanted to try their hand at the wheel. Experienced and approachable instructor Kristen Martin will help you learn the skills it takes to throw a successful piece of pottery. Surface decoration techniques will also be discussed. This is a fun, hands-on class for any enthusiastic beginner, and can be repeated to better improve your skills. NO CLASS 11/15.

The Potter's Wheel

Tues, 9/13/16 - 11/1/16 | 6:00 PM - 9:00 PM | 8 Sessions Fris, 9/16/16 - 11/4/16 | 10:00 AM - 1:00 PM | 8 Sessions Member: \$227.00 | Non-Member: \$252.00 | Studio Fee: \$50.00

Instructor: John Visser

Level: Beginner

To truly master the potter's wheel, it takes years of study. In this class for the serious beginner or ongoing student, you will learn and develop wheel throwing skills and refine techniques on the potter's wheel, and explore the creative aspects of the medium. You will learn how to throw vases, bowls, pots, and more. Carving and slip trailing for surface decoration will embellish creations, which will be glazed and kiln-fired. If you are intent on working towards success on the wheel, this intense and rewarding class is for you!

Japanese Ceramics

Thurs, 9/22/16 - 10/27/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$186.00 | Non-Member: \$207.00 | Studio Fee: \$45.00

Instructor: Jillian Hirsch

Level: Beginner

In this all level course, students will be introduced to the rich ceramics, history and culture of Japan. Students will explore Japanese ceramic forms and decorative techniques as well as learn about tea ceremony and make a traditional Japanese tea bowl (Chawan).

Functional Ceramic Tiles

Sats, 9/24/16 - 10/29/16 | 10:00 AM - 1:00 PM | 6 Sessions Member: \$186.00 | Non-Member: \$207.00 | Studio Fee: \$45.00

Instructor: Jillian Hirsch

Level: Beginner

Explore the rich history and artistic process of tile making. Join ceramic artist and mosaic muralist Jillian Hirsch in a 6 week class that focuses on tile making and decorating. Jillian will go over the making basics as well as get more in-depth with mold making and a variety of surface design and glazing techniques. Students will make beautiful and functional ceramic tiles while learning building and decorating techniques. No matter what your skill level is, expect to learn new tips and tricks and leave class with some beautiful custom tiles for your next home project.

Introduction to the Pottery Wheel

Weds, 9/28/16 - 11/2/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$178.00 | Non-Member: \$198.00 | Studio Fee: \$40.00

Instructor: Sarah Pratt

Level: Beginner

Learn basic skills, techniques, and functions the pottery wheel. This is a fun, hands-on class for any beginner to be introduced our pottery department.

Clay Sculpture Exploration

Sats, 10/1/16 - 11/5/16 | 10:00 AM - 1:00 PM | 6 Sessions Member: \$186.00 | Non-Member: \$207.00 | Studio Fee: \$40.00

Instructor: Nancy Steckel

Level: Beginner

In this class, you will learn the basic fundamentals of sculpting with clay based on your own unique ideas. Students will have the opportunity to create, glaze, and fire one-two sculptures by the end of this six week session. You'll begin by sculpting your ideas on a small scale, and then learning how to enlarge into a bigger piece. You'll discuss design and line, movement and flow, get guidance on ideas, and learn about maquettes, enlarging and finishing.

Craft for Credit: Introduction to Pottery

Mons, 10/3/16 - 12/5/16 | 2:00 PM - 5:00 PM | 10 Sessions In State: \$363.60 | Out of State: \$1,047.60 | Studio Fee: \$95.00

Instructor: John Visser Level: Beginner

This is an introductory studio class in stoneware ceramics. Through lectures, wheel throwing, and hand-building, students will explore the aesthetic, sculptural, and functional possibilities of clay. Techniques will be demonstrated and lectures will feature technical information on high temperature firing and stoneware glazes. This course involves the use of hand tools requiring fine motor coordination. Special registration policies apply; please call (518) 273-0552 x 231 to sign up. No class 10/12. Last day to register is Friday, October 2.

Craft for Credit: Advanced Pottery

Tues, 10/4/16 - 12/6/16 | 2:00 PM - 5:00 PM | 10 Sessions In State: \$363.60 | Out of State: \$1,047.60 | Studio Fee: \$95

Instructor: John Visser Level: Advanced

This class is a continuing development of pottery techniques with a refinement in both technical and aesthetic pursuits. The emphasis in this class will be to bring students' skills to a point where the creative aspects of the medium may be explored freely with emphasis on traditional form. A more in-depth exploration of glaze technology, various kiln atmospheres and firing techniques, as well as a more and complex treatment of surface decoration will be pursued. The historical background of ceramic arts, from ancient to contemporary, will be explored. This class involves the use of hand tools requiring fine motor coordination. Prerequisite: Pottery I & Pottery II/Intermediate. Special registration policies apply; please call (518) 273-0552 x 231 to sign up. Last day to register is Friday, October 2.

The Art of Handbuilding

Weds, 10/5/16 - 11/23/16 | 6:00 PM - 9:00 PM | 8 Sessions Member: \$186.00 | Non-Member: \$207.00 | Studio Fee: \$40.00

Instructor: Katherine Tholl

Level: Beginner

Handbuilding is a fun and creative introduction to ceramics. In this six week class, students will learn the basics of pinching, coiling, slab work, making simple molds, and much more. Discussions will

be set around technique, idea development, and contemporary hand built ceramics. Come with ideas, personal challenges, just plain interest, and a willingness to learn. Demonstrations for guidance as well as independent studio time will give students the opportunity to create several finished pieces of pottery. This class is for both the beginner and the ongoing student.

Independent Study in Clay

Thurs, 10/13/16 - 12/8/16 | 6:30 PM - 9:30 PM | 8 Sessions Member: \$227.00 | Non-Member: \$252.00 | Studio Fee: \$45.00

Instructor: John Visser Level: Advanced

This is a wonderful opportunity for an experienced clay student to realize a personal goal in clay. Working independently, students will pursue their own ceramic project objectives with John Visser, who has mastered the art of throwing, hand building and sculptural ceramics. He will act as a resource providing expertise in support of these unique goals held by each student and fostering creative thinking through demonstration, lecture, and discussions. Prerequisite: Students must have taken at least two pottery classes at the Arts Center or have significant outside experience. This is an advanced class that requires approval by the instructor. NO CLASS 11/24.

Ceramics Exploration:

Riverside Community Inclusion Project

Fris, 10/21/16 - 12/23/16 | 9:30 AM - 11:00 PM | 10 Sessions Member: \$81.00 | Non-Member: \$90.00 | Studio Fee: \$35.00

Instructor: Sarah Pratt Level: Beginner

Join us in the clay studio for this hands on class in all things clay! Great for the beginner who wants to focus on hand building and get to know what it's like to work in this expressive medium. Classes within The Community Inclusion Project at The Arts Center of the Capital Region are intended to foster community between individuals of varying abilities and backgrounds.

Advanced Study in Wheel Throwing

Weds, 11/2/16 - 12/21/16 | 10:00 AM - 1:00 PM | 8 Sessions Member: \$227.00 | Non-Member: \$252.00 | Studio Fee: \$45.00

Instructor: John Visser Level: Advanced

This advanced level class will improve students technical mastery on the wheel. Demonstrations of advanced throwing techniques will include a variety of different kinds of vessels. This intense and focused class will fine tune your throwing skills while expanding the creative potential of wheel work. Prerequisite: Students must have taken at least two pottery classes at the Arts Center or have significant outside experience.

Clay Sculpture Exploration

Sats, 11/12/16 - 12/17/16 | 10:00 AM - 1:00 PM | 6 Sessions Member: \$186.00 | Non-Member: \$207.00 | Studio Fee: \$40.00

Instructor: Nancy Steckel

Level: Beginner

In this class, you will learn the basic fundamentals of sculpting with clay based on your own unique ideas. Students will have the opportunity to create, glaze, and fire 1-2 sculptures by the end of this six week session. You'll begin by sculpting your ideas on a small scale, and then learning how to enlarge into a bigger piece. You'll discuss design and line, movement and flow, get guidance on ideas, and learn about maquettes, enlarging and finishing.

Printmaking

Etch-a-Sketch: An Etching Workshop

Saturday, 10/1/16 | 10:00 AM - 3:00 PM | 1 Session

Member: \$186.00 | Non-Member: \$207.00 | Studio Fee: \$50.00

Instructor: William Skerritt

Level: Beginner

This is an introduction to etching as a form of printmaking using zinc plates. As a workshop, much of the preparatory work on the plate will have already been done so the student can concentrate on turning a sketch into a finished etching in one day. Although etching requires acid, the instructor will handle the actual etching process. The student will then ink and print the etched plate on an etching press.

Craft for Credit: Introduction to Printmaking

Tues, 10/4/16 - 12/6/16 | 6:30 PM - 9:30 PM | 10 Sessions In State: \$363.60 | Out of State: \$1,047.60 | Studio Fee: \$95.00

Instructor: Sunghee Park

Level: Beginner

This is an introduction to the form of printmaking, monotype. Students will learn a variety of techniques for creating images on monotype plates. Students will work on single-pass and multipass printing that combine additive, subtractive, tracing, stencil and transfer techniques. Students will make a carborundum plate as a one of a kind collograph which can produce multiple prints. This course involves the use of hand tools requiring fine motor coordination. Special registration policies apply; please call (518) 273-0552 x 231 to sign up. Last day to register is Friday, October 2.

Relief Printmaking: Linocut

Mons, 11/7/16 - 11/21/16 | 6:00 PM - 9:00 PM | 3 Sessions Member: \$162.00 | Non-Member: \$180.00 | Studio Fee: \$40.00

Instructor: William Skerritt

Level: Beginner

The student will be introduced to printmaking from linoleum blocks. Linocuts, as they are called, have been made by artists starting in the early 20th century as an alternative to traditional woodblock printing. This class will be very "hands-on" and each student will cut a design of their own creation into the linoleum and print it on a press.



Stained Glass

Create a Stained Glass Panel

Saturday, 9/10/16 | 9:00 AM - 5:00 PM | 1 Session Saturday, 10/15/16 | 9:00 AM - 5:00 PM | 1 Session Saturday, 11/12/16 | 9:00 AM - 5:00 PM | 1 Session Saturday, 12/17/16 | 9:00 AM - 5:00 PM | 1 Session

Member: \$101.00 | Non-Member: \$112.00 | Studio Fee: \$35.00

Instructor: Theresa Faul

Level: Beginner

No matter what your level of experience may be, you can create a beautiful stained glass panel! If you are a beginner you will choose from four available designs, learn how to cut glass, assemble, foil and solder your panel (up to 8x10 inches). If you are experienced you can take this opportunity to work on your own designs with the guidance of an experienced instructor. There will be a break for lunch. Ages 12 and up welcome.

Stained Glass Jewelry Workshop

Sunday, 9/18/16 | 12:00 PM - 4:00 PM | 1 Session Sunday, 12/11/16 | 12:00 PM - 4:00 PM | 1 Session

Member: \$61.00 | Non-Member: \$68.00 | Studio Fee: \$30.00

Instructor: Theresa Faul

Level: Beginner

Bring two fabulous art forms together to make pendants, earrings, and more. Beginners will learn introductory stained glass and metalsmithing techniques, while experienced students will expand their horizons in these mediums. You will leave with beautiful jewelry and some new skills. Ages 12 and up are welcome.

Craft for Credit: Stained Glass I

Mons, 10/3/16 - 12/12/16 | 10:00 AM - 1:00 PM | 10 Sessions In State: \$363.60 | Out of State: \$1,047.60 | Studio Fee: \$95.00

Instructor: Theresa Faul

Level: Beginner

This class is an introduction to basic stained glass techniques and will explore Tiffany Foil aspects of two-dimensional stained glass construction, including preliminary work, glass cutting, soldering and cleaning. Design and color theory, as it relates to stained glass, will be explored through lecture and examples and demonstrations. This class involves the use of hand tools requiring fine motor coordination. Special registration policies apply; please call (518) 273-0552 x 231 to sign up. No class 10/12. Last day to register is Friday, October 2.

Stained Glass Box Workshop

Sunday, 10/23/16 | 12:00 PM - 4:00 PM | 1 Session

Member: \$65.00 | Non-Member: \$72.00 | Studio Fee: \$30.00

Instructor: Theresa Faul

Level: Beginner

Create a beautiful stained glass box in an afternoon! If you are a beginner you will learn introductory stained glass techniques, and as an experienced student you will expand your horizon in this medium. You will leave with a beautiful box that you can enjoy or give as a gift - and some new skills. Ages 12 and up welcome.

Stained Glass Halloween Ornament Workshop

Saturday, 10/29/16 | 12:00 PM - 4:00 PM | 1 Session

Member: \$61.00 | Non-Member: \$68.00 | Studio Fee: \$25.00

Instructor: Theresa Faul Level: Beginner

Calling all kids, and kids at heart! Create a ghoulishly frightening Halloween ornament in an afternoon! You'll learn basic stained glass techniques and will come away with a new appreciation for the art form. Ages 9 and up are welcome.

Stained Glass Candle Holder Workshop

Saturday, 11/5/16 | 12:00 PM - 4:00 PM | 1 Session

Member: \$61.00 | Non-Member: \$68.00 | Studio Fee: \$25.00

Instructor: Theresa Faul

Level: Beginner

Create a beautiful stained glass candle holder to capture the light in an afternoon. You'll learn some basic stained glass techniques and will come away with a new appreciation for the art form. Plus, you'll take home a fabulous gift for the holidays - if you can bear to give it away! Ages 12 and up welcome.

Create a Stained Glass Sun Catcher

Sunday, 11/13/16 | 12:00 PM - 4:00 PM | 1 Session

Member: \$61.00 | Non-Member: \$68.00 | Studio Fee: \$25.00

Instructor: Theresa Faul

Level: Beginner

No matter what your level of experience may be, you can create a beautiful stained glass sun catcher! If you are a beginner you will choose from four available designs, learn how to cut glass, assemble, foil and solder your sun catcher. If you are experienced you can take this opportunity to work on your own designs with the guidance of an experienced instructor. Ages 12 and up welcome.

Stained Glass Ornament Workshop

Saturday, 12/10/16 | 12:30 PM - 4:30 PM | 1 Session

Member: \$61.00 | Non-Member: \$68.00 | Studio Fee: \$25.00

Instructor: Theresa Faul

Level: Beginner

Create a simple, beautiful hanging ornament in an afternoon! You'll learn some basic stained glass techniques and will come away with a new appreciation for the art form. Plus, you'll take home a fabulous gift for the holidays - if you can bear to give it away! Ages 12 and up welcome.

OPEN STUDIOS!

Students enrolled in jewelry, pottery, printmaking, and stained glass classes have access to open studio time to work on projects outside of class. Ask your instructor for more info on dates and times.

Woodworking

Master Class with Martin Macica: **Building a Hand Tooled Guitar**

Mon/Wed, 9/26/16 - 11/29/17 | 5:30 PM - 9:30 PM | 23 Sessions Member: \$1,800 | Non-Member: \$2,000 | Studio Fee: \$575.00

Instructor: Martin Macica

Level: Beginner

In this hands-on, 30 session, 120 hour course for making a guitar you will complete a Dreadnaught Martin style guitar from start to finish entirely using hand tools. This will not be a "kit made" guitar, but an instrument you will build from the bottom up, with personalized, detailed instruction. You will leave not only with a better understanding of what goes into making a stringed instrument, but also with a beautiful hand-crafted guitar that you have made. Registration for this class ends September 28th at 5pm in order to order materials needed. NO CLASS: 12/29, 1/5, 3/29.

Craft for Credit: Introduction to Furniture Making

Sat, 10/8/16 - 12/10/16 | 9:30 AM - 12:30 PM | 10 Sessions In State: \$363.60 | Out of State: \$1,047.60 | Studio Fee: \$95.00

Instructor: Robert W. Kehn

Level: Beginner

This class is an introduction to the practical application of basic knowledge of wood, using hand and power tools to make standard furniture joinery. This class involves the use of hand and power tools requiring fine motor coordination. Special registration policies apply; please call (518) 273-0552 x 231 to sign up. No class 11/28. Last day to register is Friday, October 2.

Craft for Credit: Introduction to Furniture Making

Thurs, 10/6/16 - 12/15/16 | 6:30 PM - 9:30 PM | 10 Sessions In State: \$363.60 | Out of State: \$1,047.60 | Studio Fee: \$95.00

Instructor: Robert W. Kehn

Level: Beginner

This course is an introduction to the practical application of the basic knowledge of wood, using hand and power tools to make standard furniture joinery. This class involves the use of hand and power tools requiring fine motor coordination. Special registration policies apply; please call (518) 273-0552 x 231. No class 11/26. Last day to register is Friday, October 2.

Craft for Credit: Advanced Furniture Making

Sats, 10/8/16 - 12/10/16 | 1:00 PM - 4:00 PM | 10 Sessions In State: \$363.60 | Out of State: \$1,047.60 | Studio Fee: \$95.00

Instructor: Robert W. Kehn

Level: Intermediate

In this course, students will engage in the study and practice of advanced techniques of furniture making. Properties of various woods and inlay processes will be taught. Focus will be on the aesthetics of form as well as function. A final project incorporating all learned techniques is required. This course involves the use of hand and power tools requiring fine motor coordination. Prerequisite: Intro to Furniture Making. Special registration policies apply; please call (518) 273-0552 x 231. No class 11/28. Last day to register is Friday, October 2.

Culinary

Farmer's Basket Culinary Studio: **Community Inclusion Project**

Thurs, 9/1/16 - 10/20/16 | 1:00 PM - 3:00 PM | 8 Sessions Thurs, 11/3/16 - 12/22/16 | 1:00 PM - 3:00 PM | 8 Sessions Member: \$125.00 | Non-Member: \$140.00 | Studio Fee: \$50.00

Instructor: Claudia Boyd

Level: Beginner

Come in the kitchen and learn about what's in season, and how to cook it. Each session you'll focus on learning about the fresh ingredients and preparation of a main course and a dessert or side dish. You'll leave with a full stomach and the ability to cook these dishes at home. Classes within The Community Inclusion Project at the Arts Center of the Capital Region are intended to foster community between individuals of varying abilities and backgrounds.

Fall Farm to Table: Ricotta Gnocchi & Seasonal Salad

Tuesday, 9/6/16 | 7:00 PM - 9:00 PM | 1 Session

Member: \$43.00 | Non-Member: \$47.50 | Studio Fee: \$20.00

Instructor: Jillian R Naveh

Level: Beginner

Taste the flavors of summer and perfect a traditional dish with Chef Jillian Naveh. In this class, you will be learning how to make ricotta gnocchi from scratch as well as a fresh herb sauce to accompany the pasta. In addition, we will be experimenting with seasonal salad using fresh ingredients and different textures.

Knife Skills

Tuesday, 9/13/16 | 7:00 PM - 9:00 PM | 1 Session

Member: \$36.00 | Non-Member: \$40.00 | Studio Fee: \$5.00

Instructor: Jillian R Naveh

Level: Beginner

Join chef Jillian Naveh to learn all the various knife cuts to save you time in the kitchen. She will teach you different techniques to perfect your chopping skills and make cooking easier. Please bring your own kitchen knives, since those are the ones you will be using and need to get to know!

Fall Fermentation: Kombucha, Kombucah Vinegar & Lahpet

Wednesday, 9/14/16 | 6:00 PM - 8:30 PM | 1 Session

Member: \$53.00 | Non-Member: \$57.50 | Studio Fee: \$20.00

Instructor: Adam Elabd

Level: Beginner

In this 2.5 hour workshop we'll be learning how to make kombucha from scratch as well as aged kombucha vinegar and Burmese pickled tea leaves (lahpet). Students will learn how to make this healthful tonic from scratch and find out why it has been revered for thousands of years by Chinese, Russian and Japanese cultures. We'll talk about the different teas and sweeteners you can use as well as natural flavoring methods using fruits, herbs and spices. Bring a clean 32-oz (quart) jar to take home your own SCOBY starter and start making kombucha!

Sauces

Tuesday, 9/20/16 | 7:00 PM - 9:00 PM | 1 Session

Member: \$43.00 | Non-Member: \$47.50 | Studio Fee: \$10.00

Instructor: Jillian R Naveh

Level: Beginner

Join chef Jillian Naveh to learn how to make the five French mother sauces which are the base for many recipes. A fundamental to French cooking it is essential to learn how and why we would use these sauces, as well as learn some variations to each sauce. Come get saucy in the kitchen!

Fall Fermentation: Sauerkraut

Wednesday, 9/21/16 | 6:00 PM - 8:30 PM | 1 Session Member: \$53.00 | Non-Member: \$57.50 | Studio Fee: \$20.00

Instructor: Adam Elabd

Level: Beginner

We'll be learning how to make rich and healthful Sauerkraut from scratch and talking about all the amazing health benefits of fermented foods. Everyone will take home their very own quart sized jar of living sauerkraut as well as the knowledge they need to keep making this pro biotic powerhouse. We'll also discuss several variations on sauerkraut such as all root-kraut and different spice and seasoning options.

Fall Farm to Table: Chicken Prep

Tuesday, 9/27/16 | 7:00 PM - 9:00 PM | 1 Session

Member: \$43.00 | Non-Member: \$47.50 | Studio Fee: \$20.00

Instructor: Jillian R Naveh

Level: Beginner

Join chef Jillian Naveh to cook a fall farm-to-table meal including locally sourced food products and learn the proper way to cook a whole chicken. You'll learn how to fabricate a whole chicken into parts, as well as cook the whole chicken to taste the difference between the two preparations. To accompany the bird we will be making seasonally inspired side dishes.

Fall Fermentation: Cider & Mead

Wednesday, 10/19/16 | 6:00 PM - 8:30 PM | 1 Session Member: \$53.00 | Non-Member: \$57.50 | Studio Fee: \$20.00

Instructor: Adam Elabd

Level: Beginner

In this introductory brewing workshop, you'll learn the fundamentals behind making various alcoholic beverages including mead (honey wine), hard cider, ginger beer, fruit wine and maple wine. We'll be making a batch of hard cider together and everyone will take home their own ½ gallon jug of actively fermenting cider along with an airlock and all the knowledge needed to age it to completion over the next few months.

Traditional Cooking of the Middle East

Tuesday, 10/25/16 | 5:30 PM - 8:30 PM | 1 Session

Member: \$63.00 | Non-Member: \$67.50 | Studio Fee: \$20.00

Instructor: Adam Elabd

Level: Beginner

This series revolves around cooking with high quality ingredients in traditional vessels made of natural materials. Come learn traditional Middle Eastern cooking techniques including some of Adam's Egyptian grandmother's recipes. We'll make baba ghanoug, vegetable tagine, egg shakshouka, cardamom rice and white coffee (caffeine free). You'll go home with all the recipes and knowledge you need to keep making authentic Middle Eastern food for your friends and family.

Fundamentals of Fermentation

Weds, 11/2/16 - 11/16/16 | 6:00 PM - 9:00 PM | 3 Sessions Member: \$113.00 | Non-Member: \$126.00 | Studio Fee: \$20.00

Instructor: Adam Elabd Level: Beginner

In this three part intensive workshop we'll be covering several different types of ferments culminating in a dinner comprised of many fermented foods on the last day. Over the three sessions we'll make pickled vegetables, kimchi, fermented ketchup, fermented hot sauce, coconut water kefir, milk kefir, kefir cheese, and dosa (Indian rice and lentil crepe). Everyone will take home a signed copy of Fermenting Food Step by Step, a book with over 80 recipes which was written by the teacher and will be used as our reference throughout the course. You will also take home a 16 oz jar of your own pickles.

Traditional Cooking of Japan

Tuesday, 11/8/16 | 5:30 PM - 8:30 PM | 1 Session

Member: \$63.00 | Non-Member: \$67.50 | Studio Fee: \$20.00

Instructor: Adam Elabd

Level: Beginner

This series revolves around cooking with high quality ingredients in traditional vessels made of natural materials. Learn the subtle intricacies of Japanese cooking using traditional recipes, techniques and equipment. We'll make miso soup, sunomono (quick pickled cucumber and seaweed salad), toasted sesame seeds, chestnut rice, sweet miso salmon, and hojicha (roasted green tea). You'll go home with all the recipes and knowledge you need to keep making authentic Japanese food for your friends and family.

Fundamentals of Dairy Fermentation

Mon & Tue, 11/28/16 - 11/29/16 | 5:30 PM - 8:30 PM | 2 Sessions Member: \$96.00 | Non-Member: \$109.00 | Studio Fee: \$25.00

Instructor: Adam Elabd

Level: Beginner

In this two day intensive workshop we'll be covering several different types of dairy ferments including sour cream, cultured butter, buttermilk, yogurt and yogurt cheese. Everyone will take home a signed copy of Fermenting Food Step by Step, a book with over 80 recipes which was written by the teacher and will be used as our reference throughout the course. You will also take home a small jar of sour cream and a yogurt starter culture so you can make more to share with family and friends.



Dance + Fitness

Journey Dance: Community Inclusion Project

Thurs, 8/25/16 - 11/10/16 | 1:00 PM - 2:30 PM | 12 Member: \$86.50 | Non-Member: \$96.00 | Drop In: \$15

Instructor: Nicole Mastroianni

Level: Beginner

Journey DanceTM is a dynamic conscious dance form that combines freestyle and structured movement to inspire you to get out of your mind and into your body. In Journey DanceTM, we dance without mirrors to release judgement of ourselves and others. Journey DanceTM is not about learning steps, it's about revealing, recovering and re-discovering your natural intuitive movement. Classes within the Community Inclusion Project at the Arts Center of the Capital Region are intended to foster community between individuals of varying abilities and backgrounds.

Belly Dancing

Thurs, 9/1/16 - 10/6/16 | 5:30 PM - 6:45 PM | 6 Sessions

Member: \$66.00 | Non-Member: \$72.00 |

Instructor: Jessica Lennon

Level: Beginner

Glide across the floor with elegance as you frame your body with beautiful hand and arm movements, learn shimmies both soft and powerful, and hypnotic movements of the hips such as figure eights, mayas, and undulations while wearing hip scarves (coin sashes). Set to the exciting rhythms of North Africa and the Middle East, students will learn a fun choreography incorporating these techniques.

Tai Chi-Mornings

Thurs, 9/1/16 - 10/6/16 | 9:30 AM - 10:30 AM | 6 Sessions Thurs, 10/13/16 - 11/17/16 | 9:30 AM - 10:30 AM | 6 Sessions Member: \$75.00 | Non-Member: \$84.00 | Drop In: \$18

Instructor: Glen Culbertson

Level: Beginner

Tai Chi is a mind and body fitness practice often described as a "meditation in motion," because of its gentle, serene but powerful movements. Tai Chi was developed in China as a martial art for self-defense but it has evolved into a graceful form of exercise now used by many to promote health and wellness, reduce stress, and to help cope with a variety of health issues. Tai Chi is a noncompetitive physical exercise in which you slowly perform a series of postures. Each posture flows one into another without pause, keeping your body in constant, steady, smooth motion. Tai Chi is performed with relaxed, slow breathing combined with deep mental focus, which helps to reduce stress and promote inner calm.

Multi-Generational Modern Dance: Contemporary Technique and Choreography for All Bodies

Fris, 9/2/16 - 10/7/16 | 1:00 PM - 2:30 PM | 6 Sessions Fris, 10/21/16 - 12/2/16 | 1:00 PM - 2:30 PM | 6 Sessions Member: \$99.00 | Non-Member: \$108.00 | Drop in: \$18

Instructor: Louisa Barta

Level: Beginner

Come move with us! Experience modern dance in a gentle yet challenging environment. A class for beginners and seasoned dancers and athletes alike, this class will introduce and delve further into both fundamental and original Modern Dance.

The Ballet Experience for Teens and Adults

Fris, 9/2/16 - 10/7/16 | 2:45 PM - 3:45 PM | 6 Sessions Fris, 10/21/16 - 12/2/16 | 2:45 PM - 3:45 PM | 6 Sessions Member: \$66.00 | Non-Member: \$72.00 | Drop in: \$15

Instructor: Louisa Barta Level: Beginner

Learn or brush up on the complexities and thrill of challenging ballet technique, from fundamentals to flying across the room! This class is open to all skill levels, as even the simplest steps can always be made deeper, bigger, more beautiful- this is the basis of ballet.

Burlesque II

Tues, 9/6/16 - 10/11/16 | 8:00 PM - 9:00 PM | 6 Sessions

Member: \$66.00 | Non-Member: \$72.00

Instructor: Noelle Reigns

Level: Beginner

This class, for students familiar with the Burlesque art form, is designed for those who wish to create a character and take their first steps onto the stage. We will expand upon the foundations of movement and explore how to personalize our reveals. Along with working together on a group dance, students will also be asked to craft and practice a solo piece to show off!

5Rhythms: Ground & Dance

Weds, 9/7/16 - 10/12/16 | 6:00 PM - 9:00 PM | 6 Sessions Member: \$99.00 | Non-Member: \$108.00 | Drop In: \$15

Instructor: Andi Adamczyk

Level: Beginner

In this 6 week series you will use the dynamic moving meditation map of the 5Rhythms to help us embody the grounded energy. Being 'grounded', connected to the earth, aware and present in the moment is more of a challenge than we'd like to believe. Too often we find ourselves in our heads - thinking about everything else - disconnected from what is right in front of us.

Om Yoga

Sats, 9/10/16 - 10/29/16 | 10:45 AM - 12:00 PM | 8 Sessions Sats, 11/5/16 - 12/10/16 | 10:45 AM - 12:00 PM | 6 Sessions Member: \$66.00 | Non-Member: \$72.00 | Drop in: \$15

Instructor: Maria Bowers

Level: Beginner

Before your weekly trip to the Downtown Troy Farmers' Market, stop into the Arts Center for an all-levels, welcoming, and community-minded yoga class. Stretch out in our spacious, naturally lit studio with views of the Hudson River and have an authentic experience in a nonjudgmental environment with a certified instructor. Om Yoga focuses on precise anatomical alignment, moving with the breath and mindfulness. The goal is to achieve physical relaxation, increased strength and flexibility with mental clarity and calmness.

On-One Salsa: Introduction

Mons, 9/12/16 - 10/17/16 16 | 5:30 PM - 6:30 PM | 6 Sessions Member: \$66.00 | Non-Member: \$72.00 | Drop in: \$15 Instructor: david aloka and Vivian Hwang | Level: Beginner

On-One Salsa is a social dance which introduces new dancers to the fundamental steps, partnering technique, and history of On-One Salsa. Part of "on-one" salsa's popularity both there and in many other states is due to how easy it is to pick up, while still offering challenging moves and combinations for intermediate and advanced salsa dancers. As a result, it is a style that is most commonly danced at social events, so join co-instructors david aloka and Vivian Hwang and come prepared to be social and have fun!

Fall Family Dance & Movement

Sats, 10/1/16 - 11/5/16 | 1:00 PM - 2:30 PM | 6 Sessions Member: \$97.00 | Non-Member: \$108.00 | Studio Fee: \$10.00

Instructor: Nicole Mastroianni

Level: Beginner

In this six week dance workshop parents and children will dive into the creative world of improv dance, guided movement, and games for the family to enjoy. No previous dance/movement experience is required, but having fun is a prerequisite. Both parent and child should wear comfortable clothing and costumes are encouraged!

Beginning Swing Dance

Tues, 10/18/16 - 12/6/16 | 7:00 PM - 8:00 PM | 8 Sessions Member: \$88.00 | Non-Member: \$96.00 | Drop In: \$15

Instructor: Jason Fenton

Level: Beginner

This eight-week progressive class is geared toward beginners who have never tried Swing and focuses on framework, connection and 6 count, East Coast Swing steps. Some previous dance experience is helpful, but not necessary. No partner is required.

Intermediate/Advanced Swing Dance

Tues, 10/18/16 - 12/6/16 | 8:15 PM - 9:15 PM | 8 Sessions Member: \$88.00 | Non-Member: \$96.00 | Drop In: \$15

Instructor: Jason Fenton Level: Intermediate

In this swing class for the intermediate student you will focus on moves and techniques for the 8 count Lindy Hop and Charleston. You must have previous swing dance experience or completed the beginner swing class.

5Rhythms: Clarity & Dance

Weds & Thurs, 10/26/16 - 12/1/16 | 6:00 PM - 9:00 PM | 6 Sessions

Member: \$99.00 | Non-Member: \$108.00 | Drop In: \$15

Instructor: Andi Adamczyk

Level: Beginner

In this 6 week series you will use the dynamic moving meditation map of the 5Rhythms to help us embody clarity. We long to be clear: clear in our decisions, clear in our boundaries and choices, clear in our expression of who we are, but let's face it, lots of the time we are anything but clear. You will use the clarity in the 5Rhythms map to help us embody clarity in our dance and our lives. So if clarity is your thing, or isn't your thing -(just to be clear) this is the class you want to take. NO CLASS ON 11/24.

Yoga Intensive

Sats, 11/5/16 - 12/10/16 | 9:15 AM - 10:30 AM | 6 Sessions Member: \$66.00 | Non-Member: \$72.00 | Drop in: \$15

Instructor: Maria Bowers

Level: Beginner

This intense workout is for students interested in increasing core, leg and upper body strength and flexibility. The sequences use repetition, precise anatomical alignment, and deep diaphragm breathing.

On-One Salsa: Combinations

Mons, 11/7/16 - 12/12/16 | 6:15 PM - 7:15 PM | 6 Sessions Member: \$66.00 | Non-Member: \$72.00 | Drop in: \$15

Instructor: david aloka and Vivian Hwang

Level: Beginner

On-One Salsa: Combinations is a social dance class which challenges students to develop a deeper understanding of On-One Salsa dancing technique while introducing solo shines and methods for chaining together partnering elements. Dancers who are new to On-One Salsa should consider enrolling in the precursor to this course first, On-One Salsa: Introduction, however exceptions can be made on an individual basis for those who are highly motivated and are willing to meet with the instructor beforehand. As a result, it is a style that is most commonly danced at social events, so join co-instructors david aloka and Vivian Hwang and come prepared to be social and have fun!

Business of Art

Nuts & Bolts: What's Your Worth? Navigating Your Taxes

Thursday, 9/15/16 | 6:30 PM - 8:00 PM | 1 Session

Member: FREE | Non-Member: FREE

Instructor: Arthur Caccamo

Level: Beginner

Taxes. We all need to do them, but why do they have to be so complicated? Get a jump on your numbers by joining Arthur Caccamo, CPA, as he tackles common problems artists run in to during tax season.

Nuts & Bolts: What's Your Worth? Tools of the Trade

Thursday, 9/29/16 | 6:30 PM - 8:00 PM | 1 Session

Member: FREE | Non-Member: FREE

Instructor: Khamel Abdulai

Level: Beginner

Pricing your work can be a challenge. Whether you're not sure where to start or have been looking to continue your success -Khamel Abdulai, MBA, will give you advice on how to market and sell your work.

Nuts & Bolts: Don't Go to Jail! Starting Your Business (The Right Way)

Wednesday, 10/12/16 | 6:30 PM - 8:00 PM | 1 Session

Member: FREE | Non-Member: FREE

Instructor: Paul Stewart

Level: Beginner

Don't let your entrepreneurial spirit be quashed by the red tape! Let Paul Stewart help you navigate the best option for you and your business, while dismantling some common misconceptions of the hardships of getting started.

Write Your Heart Out: How to Write a Good Grant

Monday, 10/4/2016 | 5:30 - 8:00 pm | 1 Session Tuesday, 11/14/2016 | 5:30 - 8:00 pm | 1 Session

Member: FREE | Non-Member: FREE

Instructor: Elizabeth Reiss

Arts Center CEO Elizabeth Reiss will guide prospective grant writers in a workshop to take your idea from plan to paper to proposal.

RESOURCES FOR ARTISTS

AT THE ARTS CENTER OF THE CAPITIAL REGION



GRANT OPPORTUNITIES

The Arts Center is pleased to provide valuable resources through the distribution of grants to local artists and arts organizations via a partnership with the New York State Council on the Arts' (NYSCA) Decentralization grants program (DEC). Since 1978, this grant program has enable the Arts Center to provide funding to individual artists and non-profit organizations in order to create high quality arts and culture programs that engage the communities in the Capital Region – Albany, Rensselaer and Schenectady. The 2017 funding cycle materials, including application guidelines and grant seminar dates, will be available August 1st.

GRANT TYPES

Community Arts: Grants up to \$5,000 awarded to develop high quality arts projects and programming including performing, literary, media, and visual arts and to contribute to region's communities by providing opportunities for the public to experience and engage with the arts. Emphasis is placed on the quality and artistic merit of proposed projects and the depth and authenticity of audience experience, participation and engagement.

Arts in Education: Grants up to \$5,000 offered in two funding strands: K-12 In-School Projects and After-School and Community-based Learning. Funds can support arts education projects that take place in-school during the school day and/or after-school and community-based settings for youth and/or senior learners. Emphasis is placed on the depth and quality of the creative process through which participants learn through or about the arts. Projects must focus on the exploration of art and the artistic process. Inter-curricular collaboration for in-school projects is encouraged but not required.

Individual Artist Commissions: These grants are intended to engage artists creating new, original work, like composers, writers, and visual artists. Artists at various career stages are welcome to apply. They are not intended for interpretive work (such as actors, musicians, or artists presenting existing work). An essential element of this grant is the community's involvement in the development and creative process of the artist's project. The work must be artist-initiated and reflect community life, culture, and/or engage local communities. The project must also involve a segment of the community through some sort of feedback, response, interaction, and/or social practice.

2016 DEC GRANT RECIPIENTS

ACES Community Loan Fund, Andrea Williams, Catholic Charities Tri-County Services, Creative Action Unlimited, Creative License, Curvention, david allen, Grafton Community Library, Hindu Temple Society of the Capital District, Hoosick Area Partnership for Parents & Youth, Independent Living Center of the Hudson Valley, Jeremiah Productions, Jillian Hirsch, Joseph Piazzo, Julie Casper Roth, Ne'imah Jewish Community Chorus, New Russia Cultural Center, North Colonie Friends of Music, Pallavi of the Capital District, Ragahastha Performing Arts, RCS Community Library, Schenectady County Historical Society, Schenectady Education Foundation, Taina del Valle Asili, Tap Inc. Transport Troy, Theater Voices, Troy Public Library, Watervliet Civic Chest, Wildwood Programs, Zorkie Nelson.

NUTS & BOLTS WORKSHOPS

Nuts & Bolts workshops, a partnership between the Arts Center and The Community Loan Fund, are offered free to the general public on a variety of subjects helpful to the artist community. This fall season, we explore artists and their worth - how to navigate copyright, taxes and pricing. Classes run from September through November and you can register for them on our website to save your seat as space is limited.

NUTS, BOLTS AND BEYOND

Nuts, Bolts and Beyond is back for a second year! This seven month program helps artists learn new ways to advance their economic self-sufficiency through education and access to resources to build and sustain self-employment. These trainings/seminars are free of charge for 12 artists selected, and tailored to the specific needs in their desired mediums. The program runs November-May. Applications are available now and the deadline to apply is: September 15, 2016. Please see our website for more details. Nuts, Bolts and Beyond is generously supported by *KeyBank* Foundation and Workforce Development Institute.

FALL 2016 EVENTS



A Series of Hands-On Creative Cocktail Gatherings

Are you tired of sipping and painting sunsets? Are you looking for a creative way to spend an evening with your friends? Come to the Arts Center for some Social Media!

Join us on the third Tuesday of every month from 5:30 to 7:30 to meet some awesome new people and try making art in a different medium each month. We'll have an hour-long workshop designed for everyone to enjoy- from beginners to life-long artists- and every Social Media event will pair a cocktail or seasonal beverage with the art form we'll be experimenting with, so please bring your ID. We'll also have beer and soft drinks.

For added fun, **Star Bartenders Institute** will be sending bar tenders in training, so let's all learn together! We'll send you home every time with the work of art you created!

Social Media Schedule

SEPTEMBER 20: POTTERY & MUDSLIDES

Get dirty! Enjoy a mudslide with your friends, then get your hands in the clay in the ceramics studio. Learning to throw on a potter's wheel takes practice, so for one night just channel your inner Patrick Swayze and have fun trying! Then, take home your hand-thrown mudslide glass as a gift from us! Register early, space is limited!

OCTOBER 18: FALL FOLIAGE ARRANGEMENT & CIDER

Who doesn't love flowers? Bring your friends or make some new ones at the Arts Center and make a beautiful fall arrangement to brighten up your home. Plus, you can enjoy locally-sourced cider!

NOVEMBER 15: LETTERPRESS PRINTING & BLACK MARTINIS

Drink Ink (not really) with colorful martinis, then venture into the print studio to explore this centuries old art. You'll print a short phrase to take home and hang on your wall!

DECEMBER 20: TAFFY-PULLING & SPIKED EGGNOG

'Tis the season to indulge your sweet tooth! Join us at the Arts Center to make and pull your own taffy. Showcase your culinary art at your holiday soiree, or give it as a hand-made gift from the heart! Enjoy our spiked eggnog, and go home to celebrate the holidays!

Your \$25 ticket price covers materials, nibbles and your first drink. For more information, call Nicole at 273-0552x226.

Social Media events are sponsored in part by Star Bartenders Institute and Recognize Vodka.

Save The Date For Brava! A Unique Event Benefiting Women

FRIDAY, NOVEMBER 5, 2016 | DOORS OPEN AT 5PM PERFORMANCE STARTS AT 6:30PM | \$60 PLUS A NEW BRA (WITH TAG)

The Arts Center will be hosting the 2nd Annual "Brava!" event to benefit the YWCA of the Greater Capital Region, Inc. in Troy. This fundraiser provides new bras (with tags) to benefit women in need. The event will feature talented writers from around the region who will read jury-selected poems and essays or perform songs and monologues on the subject of bras in their lives.

Last year's event received more than 500 bra donations! Let's see if we can increase that number at this year's event! Call for submissions will go out early fall. See the YWCA's website for details, submission information, and to buy tickets at **www.ywca-gcr.org.**







THANK YOU 2016 DONORS

SUPPORTING THE ARTS CENTER FOR FY 2016

The Arts Center of the Capital Region gratefully thanks our generous members, donors, in-kind donors, sponsors and gala supporters who made gifts in our fiscal year July 1, 2015 – June 30, 2016. The following contributors help make the creative process accessible to the community, and help us achieve our mission of engaging people of all ages and abilities with the creative process. They help make our high quality arts education programming, exhibitions, and events possible and fund our Arts Access Youth Scholarship program, bringing arts enrichment to those who need it most.

Visionary

\$15,000 & Higher

New York State Council on the Arts

Sponsor

\$10,000 - \$14,999

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\$5,000 - \$9,999

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\$2,500 - \$4,999

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The Arts Center thanks its sponsors and donors who, in the last year, have supported the Arts Access Youth Scholarship program. Their support has enabled more than 100 local children attend classes and camps at the Arts Center. Thank you!

Michael & Margery Whiteman

Anthony Wildman

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The First Niagara Foundation
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The Lucille A. Herold Charitable Trust
The Massry Family
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The Miller Family
Rensselaer County Department of Youth
Stewart's Shops & Stewarts Holiday
Match
The Times Union Hope Fund
The Troy Savings Bank Charitable
Foundation
The William Gundry Broughton Family
Foundation

Every effort has been made to ensure the accuracy of this list. We apologize for any errors we may have made! Please call Nicole Peterson, Director of Development at 273-0552 ext. 226 with any questions or concerns.



THE ARTS CENTER of the CAPITAL REGION

265 River Street, Troy, New York 12180 (518)273-0552 | artscenteronline.org

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November 15-December 23*

A seasonal marketplace filled with locally handcrafted gifts just in time for the holidays.

Every year the Arts Center hosts a seasonal consignment shop featuring some of the region's finest arts and crafts. This beloved annual tradition provides a highly visible and respected venue for local artists and artisans. Don't miss these handcrafted, well-made, one-of-a-kind gifts for everyone on your shopping list - and maybe even a gift for you!

Proceeds benefit the artists and programs at the Arts Center of the Capital Region. Would you like to be featured in this years shop? Reach out to Pat Carlson to get more information: plcarl@verizon.net.

*Dates subject to change